Information request about Prehabilitation Services

Q1)a)	Do you currently offer any prehabilitation services to patients undergoing surgery within your trust?				
	Yes ⊠	No □			

		Smoking cessation	\boxtimes					
		Alcohol intake review						
		Other (please state)						
Physica	al Exercise							
	Offered?	Yes ⊠ No □						
	Provided in	Hospital face to face						
		Hospital remote						
		Community						
	Dala of Haaltha	para professional providir	ag avaraica program? (ag Physia Nursa Pastar)					
			ng exercise program? (eg. Physio, Nurse, Doctor)					
	Exercise profes	ssionals using the onsite I	eisure centre					
	Frequency of contact with health care professional? • Daily,							
		ies a week, week - Once every 1-2v	veeks depending on patient/time to treatment					
	Once every 2-3 weeks,							
		month, an once a month						
	Please describe type of exercise prescribed.							
Nutriti	onal Support							
	Offered? Yes ⊠ No □							
	Provided in	Hospital face to face						
		Hospital remote						
		Community						
			an ann an ann an 2 (a m Diatitian Numan Dantan)					
	Role of Healthcare professional providing exercise program? (e.g. Dietitian, Nurse, Doctor)							
	Exercise professionals giving general healthy diet advice, referral to Dietitian in case of malnutrition risk							
	Frequency of contact with health care professional?							

- Daily,
- 2-3 times a week,
- Once a week,