
Q1)a) Do you currently offer any prehabilitation services to patients undergoing surgery within your trust?

Yes

No

Smoking cessation

Alcohol intake review

Other (please state)

Offered? Yes No

Provided in Hospital face to face

Hospital remote

Community

Role of Healthcare professional providing exercise program? (eg. Physio, Nurse, Doctor)

Exercise professionals using the onsite leisure centre

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Frequency of contact with health care professional?

- Daily,
- 2-3 times a week,
- Once a week - Once every 1-2weeks depending on patient/time to treatment
- Once every 2-3 weeks,
- Once a month,
- Less than once a month

Please describe type of exercise prescribed.

Offered?

Yes No

Provided in Hospital face to face

Hospital remote

Community

Role of Healthcare professional providing exercise program? (e.g. Dietitian, Nurse, Doctor)

Exercise professionals giving general healthy diet advice, referral to Dietitian in case of malnutrition risk

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Frequency of contact with health care professional?

- Daily,
- 2-3 times a week,
- Once a week ,

Q7)